

25th Memorial Annual Congress

International Association of Dynamic Psychotherapy

Nov. 2nd-4th, 2019

Venue: Tokyo Medical University

6-1-1 Shinjuku, Shinjuku-ku, Tokyo 160-8402, JAPAN

Map <https://www.tokyomed.ac.jp/english/contact/index.html#access>

Theme: Time to Change: When do we become adults?

Language: Japanese & English

Congress Chair: Yuki Nakamura, Ph.D.

Director, Institute of Psychoanalytic-Systems Psychotherapy/ Lecturer, Tokyo Medical University



Congress Fee	Member:	JPY 14,000
	Non-Member:	JPY 17,000
	Student:	JPY 11,000
	Welcome Party:	JPY 5,000

Registration Send E-mail to office25@25annual.iadp.info

The E-mail should be include the following items : 1) Name, 2) age, 3) gender, 4) membership (member/non-member/student), 5) profession and affiliation, 6) address, 7) E-mail address, 8) training workshop registration (give three choices), 9) welcome party registration

The payment is yen-based. Please make the payment at the reception desk on that day.

Program 1st Day: Nov. 2nd, 2019

10:30 – 10:45 Opening Ceremony

10:45 – 11:45 Chair's Opening Lecture <Open to the public>

Escape from intimacy in women of today

Yuki Nakamura, Ph.D. (Congress Chair/ Director, Institute of Psychoanalytic-Systems Psychotherapy/ Lecturer, Tokyo Medical University)

* **Language: Japanese** (translated text in English is available)

12:00 – 13:00 Keynote Lecture

Mutuality: Interrelational Concerns and Psychological Growth

Mikihachiro Tatara, Ph.D. (Professor Emeritus, Hiroshima University/ Professor Emeritus, Kyoto Bunkyo University/ Past President, the Association of Japanese Clinical Psychology)

* **Language: Japanese** (translated text in English is available)

14:00 – 17:00 Edward L. Pinney Memorial Special Workshop <Live Psychotherapy Session>

Three Approaches to a Client with some developmental task in adolescence: Interpersonal, psychoanalytic, and Psychoanalytic-Systems Psychotherapy Approach.

* **Language: Japanese and English**

Chair: Toshinori Hanai, M.A. (Chair, Academic Program Committee of the Congress / Psychotherapist, Institute of Psychoanalytic-Systems Psychotherapy)

Master Therapist:

Seth Aronson, Psy.D. (Director of Curriculum, Training and Supervising Analyst, the William Alanson White Institute, U.S.A)

Sadanobu Ushijima, M.D. (Past President, Japan Psychoanalytic Association / Hozumi Himorogi Clinic, Japan)

Hidefumi Kotani, Ph.D. (President, the International Association of Dynamic Psychotherapy, Japan)

Commentator: Ralph Mora, Ph.D. , MSS, CAIA (Professor, University of Maryland, Asia division, U.S.A)

This workshop is organized to experience and discuss the congress theme, Time of change -when do we become adults? We will see how distinguished therapists experience changing moments of a client in the psychotherapy process. How could we identify the therapeutic variables and techniques to promote client's change, especially the nodal points of changing process related with developmental tasks of prolonged adolescent?

Welcome & Get Together Party 17:30-19:30

Program 2nd Day: Nov. 3rd, 2019

9:30 – 11:30 Research and Case Study Presentation

* Language: Japanese Only

12:30 – 18:30 Training Workshop

*Language: 1, 4, 5; Japanese and English: 2, 3, 6, 7; Japanese only

- 1) **Scientific Case Study**
Trainer: Hidefumi Kotani, Ph.D.
- 2) **Technique to Catch the Moment of Change –Basic Technique of Psychoanalytic-Systems Psychotherapy to Make Psychologically Safe Space**
Trainer: Yuki Nakamura, Ph.D.
Tomoyuki Nagayama, Ph.D. (Lecturer, Hyogo University of Teacher Education)
- 3) **Self Care Program and PAS-Self Care Therapy for Chronic Disease Patients with Depressive State –Aiming for Progress of Practice and Research Capability**
Trainer: Shiori Usami, Ph.D. (Professor, Shitennoji University / Professor Emeritus of Kumamoto University)
- 4) **Training Workshop on the First Three Hours of Psychotherapy**
Trainer: Ralph B. Mora, Ph.D. MSS, CAIA
- 5) **Process Group for Psychotherapists' Professional Identity**
Trainer: Seth Aronson, Psy.D.
- 6) **Psychotherapy in Student Consultation**
Trainer: Yoshiya Ishikawa, M.A. (Associate Professor, Japan Lutheran College)
- 7) **Introduction to OHTOHKOHSEI (Responding-Process-Training): For Refining Clinical Attitude for Psychological Interview**
Trainer: Yukio No (Director, Institute of Psychoanalytic-Systems Psychotherapy)
Kayoko Hige, M.A. (Psychotherapist, Institute of Psychoanalytic-Systems Psychotherapy)

Program 3rd Day: Nov. 4th, 2019

9:30 – 11:30 Supervision Experience *Language: 1; Japanese and English 2-4; Japanese only

Supervisor:

- 1) Seth Aronson, Psy.D., Ralph B. Mora, PhD, MSS, CAIA
- 2) Mikihiro Tatara, Ph.D.
- 3) Sadanobu Ushijima, M.D.
- 4) Shiori Usami, Ph.D.

13:30 – 16:00 Plenary Case Study *Language: Japanese Only

Conductor: Hidefumi Kotani, Ph.D.

Presenter: Yuki Nakamura, Ph.D.

16:00 – 16:10 Closing Ceremony